

## MGIT 2<sup>nd</sup> LINE DRUG SUSCEPTIBILITY TESTING "A personal experience"

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#### GWYNETH PALTROW "SHAKESPEARE IN LOVE - 1998"



### **PORT ELIZABETH – THE FRIENDLY CITY**

- Staffed by 24 dedicated personnel
- TB-laboratory located at Port Elizabeth Main Branch Laboratory
- Offer 24 hour service



## PORT ELIZABETH – THE ACID FAST CITY

- Process on average 13 000 cultures each month (April 2011-March 2012: 156 059)
- 2<sup>nd</sup> Line testing: ± 300/month
- Instrumentation: 22 MGITs
  - Limited by space!
  - Routine cultures incubated up to 35 days







## How we got here...

- Up to 2003/2004: DST was done on MGIT system
  - RIF, INH, Streptomycin and Ethambutol
  - No second line testing done: incidence of drug resistance was small
- Due to cost: decision at Business Management level decided to change platform to Middlebrook 7H11 solid media DST
  - Same repertoire: RIF, INH, Streptomycin and Ethambutol
  - No processing problems reported
  - Still low incidence of drug resistance reported





## 2007: Gloves came off... Tugela Ferry Outbreak





- 2007
  - Started routine 2<sup>nd</sup> line testing on Middlebrook 7H11 along with first line DST
    - 1<sup>St</sup> Line: RIF and INH
- 2009
  - First line testing changed to Line Probe LPA Hain Method
  - Second line on Middlebrook:
    - Streptomycin
    - Capreomycin
    - Amikacin
    - Ofloxacin
    - Ethambutol and Ethionamide







- 2009/2010: Stellenbosch University
  - DST/NRF Centre of Excellence for Biomedical Tuberculosis Research/MRC Centre for Molecular and Cellular Biology asked PE TB Laboratory to provide specimens for their research
- Strain difference in different provinces specifically relating to MDR-TB
- US repeated 2<sup>nd</sup> Line DST on MGIT platform
- Showed discrepancies with PE TB Laboratory
  - Capreomycin initially reported as sensitive found to be resistant
  - Results at US confirmed by gene sequencing



# DST GOLD STANDARD

## Second-line DST

- Automated liquid systems for second-line DST are recommended as the current gold standard
- Aminoglycosides, polypeptides and fluoroquinolones have been shown to have relatively good reliability and reproducibility, allowing a quality-assured diagnosis of XDR-TB
- Routine DST for other second-line drugs is not recommended, as the reliability and reproducibility of laboratory testing cannot be guaranteed





# Why the discrepancy in our findings?

- Never investigated...
- Own media production at PE (SABS approved) media produced in accordance with NHLS Diagnostic Media Production guidelines
- Drug concentration of Capreomycin in:
  - Middelbrook 7H11 10ug/mL
  - MGIT 2,5 ug/mL
- Drug concentration too strong in Middlebrook 7H11?



## Capreomycin Critical Concentrations ug/mL

	7H10 (Agar)	7H11
CDC Recommendations Middlebrook 7H10 medium only	10 ug/mL	
	7H10 (Agar)	7H11
NCCLS (CLSI) Proportion Method Middlebrook	10 ug/mL	10 ug/mL
	7H10	BACTEC 12B (7H12)
BACTEC 460	10 ug/mL	5 ug/mL
	MGIT 960 (modified 7H9)	BACTEC 12B (7H12)
MGIT 960*	2,5 ug/mL	5 ug/mL

\*Rush-Gerdes, et al. J.Clin Microbiol. 2006, 44:688





## In response to these findings...

- Started the process of changing over to MGIT for 2<sup>nd</sup> Line DST
- Fully supported by BD team – who also provide onsite training in July 2012
- Successfully validated





# 2<sup>nd</sup> Line DST MGIT

Financial constraints EC DoH<sup>L</sup>

and drive towards capitation of services

- 2<sup>nd</sup> line: Amikacin, Capreomycin and Ofloxacin
- Other 2<sup>nd</sup> line drug testing available on request
- Reflect availability and drug use in this region
- Awaiting standardization of 2<sup>nd</sup> line DST based from National Guidelines
  - should it be standardized
  - or should it be done according to region profiles of or provide the seen?

BBD



## How does it compare?

- Turn-Around-Time
  - No difference between Middlebrook and MGIT average of three weeks from sub-culturing to final report
- Labor
  - MGIT requires more manual work as it involves more steps
  - Yet managed the same volume of work with same volume of staff
- Robustness of system
  - Middlebrook: Incubator Temperature Control issues the temperature instability effected results
  - MGIT: more stable temperature control
    - less fluctuations above control limit set points
  - More suitable for our infrastructure





- Cost
  - More expensive but 2<sup>nd</sup> line smaller portion of our total volume work – dilutes the expense
  - Our BUDGET not been effected!
    - Decreased number of drugs used
    - Decreased number of specimens repeated
    - Decreased number of contamination
    - Decreased in samples with lost viability
- Work-Flow
  - Not effected
  - Currently at 2 day minimum 'back-log' once specimens are received
    - Space! Renovations planned and approved
    - GeneXpert watch this space (and our space)





	MIDDELBROOK Initial diagnosis of MDR	MGIT Follow specimen on same pts	CASE #
AMIKACIN	SENS	RESIST	10
CAPREOMYCIN	SENS	RESIST	54
OFLOXACIN	SENS	RESIST	14





## "We love it"







