



## CITY OF CAPE TOWN CHAPEL STREET CLINIC

...giving **hope**  
to families living with  
HIV/AIDS



*Promoting lung health...*

[www.lunginstitute.co.za](http://www.lunginstitute.co.za)



## Employee Wellness: HIV/AIDS Workplace Programme

...in desperate need of adequate facilities

The City of Cape Town runs an in-house programme, the Employee Wellness: HIV/AIDS Workplace programme. This programme, confidentially monitors members of the City Council who are living with HIV/AIDS. Their life partners and children, also have access to this invaluable support and clinical management facility. Patients and their families are educated via informal sessions, counseling and supplied with relevant literature on HIV/AIDS at their clinic visits. Our clinical management team have the clear goal of improving the wellbeing and confidence of City Council workers who are living with HIV/AIDS. These interventions allow patients who are gainfully employed by the City Council to continue in their important service to the community with the confidence that their HIV/AIDS is being managed expertly and confidentially.

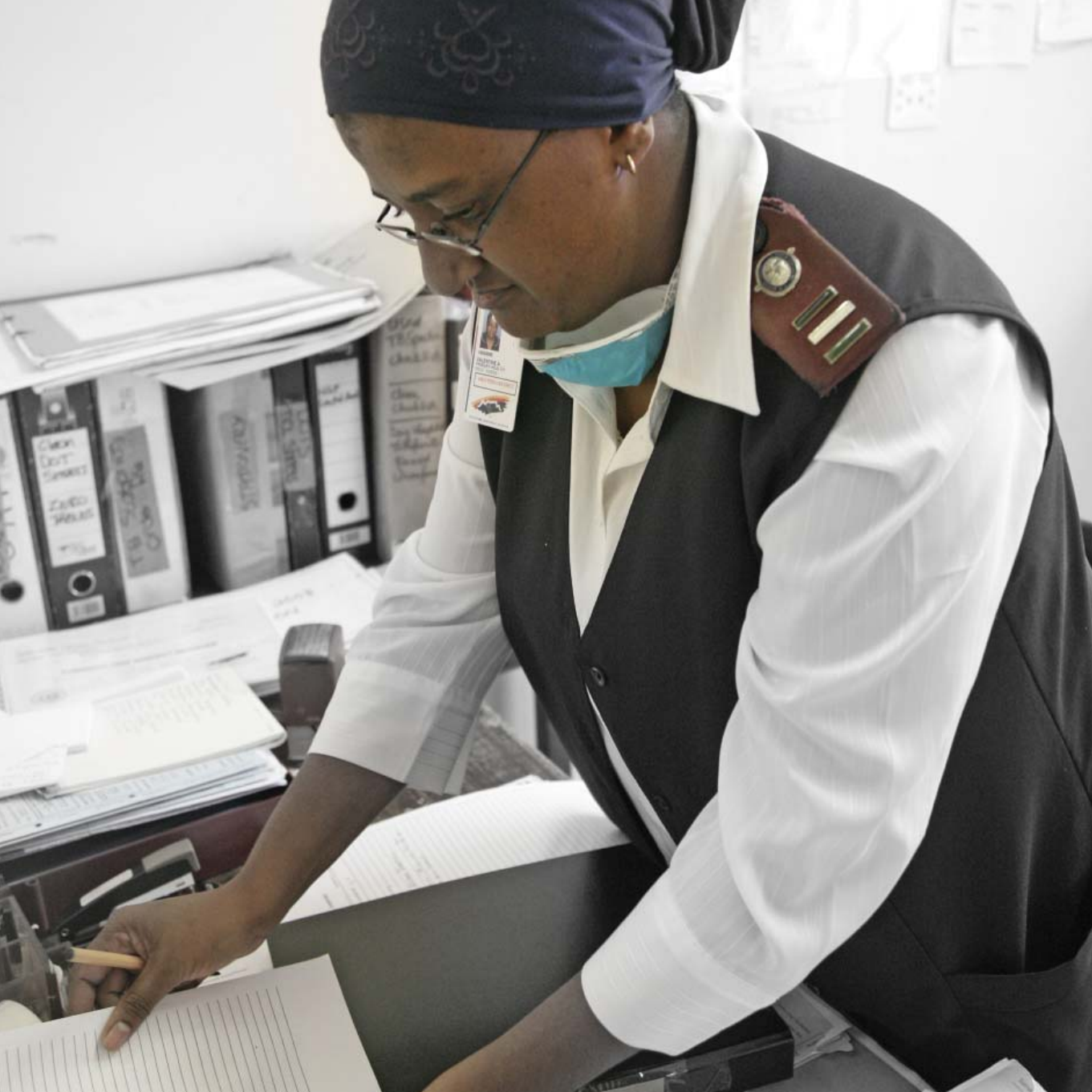




This programme was implemented in November 2003 at the Chapel Street Community Health Care Clinic in Cape Town. Over and above the Employee Wellness programme, this clinic also caters for primary health care, family planning and tuberculosis diagnostics and follow-up for other patients in the area. Notifiable diseases and contacts, community immunizations for children and creche facilities are also co-ordinated from this clinic.

The building is now over 80 years old and the needs of the community have far outgrown the facilities available. The initial design of the clinic was only for local community use but with the rapid expansion of tuberculosis and HIV, and the newer addition of the Employee Wellness programme, the space is now inadequate. Plans have been drawn up for the proposed renovations for the existing facilities and we are appealing for assistance to fund this important project.





**The proposed renovations will alleviate the current space issues being experienced:**

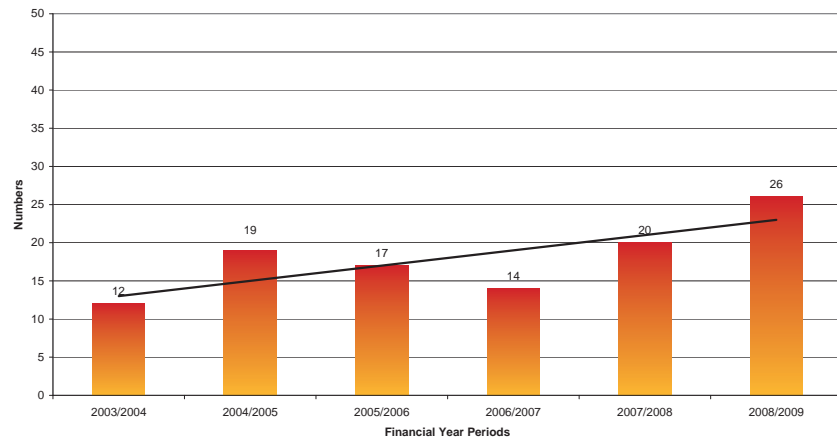
- The waiting room's size is inadequate. It cannot accommodate the 30-plus clients waiting to be attended to at any one time.
- HIV positive patients are at times required to wait with general clinic patients, some of whom may be patients with active tuberculosis. People living with HIV have a ten-fold risk of developing tuberculosis. Our proposed renovations aim to improve the workflow and access to the clinic, protecting our vulnerable patients with HIV.
- There are insufficient counseling facilities and confidential consulting areas for staff to interact with patients. At present there is only a single consultation room for our two adherence counselors. These adherence counselors ensure that patients started on Anti-Retroviral Therapy (ART) understand the importance of taking their medications regularly.
- Medical procedures such as pap smears examinations need to be performed. These procedures require privacy and specialized equipment and an appropriately equipped examination room within the Employee Wellness area is required.
- There is no consultation room for our Psychologist and as a result use is made of one of the general offices in the clinic away from the Employee Wellness area.
- There is no off-street access to separate patients with HIV from those with tuberculosis and this is catered for in the proposed renovation plan. This will also better address patient's privacy and confidentiality needs.



## A valuable research resource

New York University is currently involved in a collaborative project which is also run from this clinic. In collaboration with the University of Cape Town Lung Institute, patients involved in the Employee Wellness programme are intensively monitored for lung symptoms that may develop on ART. There is very little available information internationally on the progress of lung disease such as tuberculosis, pneumonia and other diseases that afflict people living with HIV. This is especially true in high incidence settings such as sub-saharan Africa. The information gained from this longitudinal study will help us to predict which of these vulnerable patients may be at risk of developing lung disease and when we should intervene before this happens.

Total numbers of members on ARVs  
November 2003 to March 2009



## The proposed renovations

We have proposed renovations to address congestion in the waiting areas, counseling areas, examination areas and to improve off -street access to the Employee Wellness Centre. The sum quoted to perform these critical changes, including building costs is in excess of USD 30,000 and we are requesting funding for this project

In addition to the proposed renovations (see plans), funding is also required for new soft furnishings to replace the current benches and inadequate furnishings in order to create a more welcoming environment for our patients.

## How you can help

The University of Cape Town Lung Institute has been appointed to manage and implement the charitable donations for this important project. The Institute has had a long- standing collaboration with Dr William Rom and Dr Michael Weiden from New York University. Further information of the important work of the Lung Institute in HIV and Tuberculosis is available on [www.lunginstitute.co.za](http://www.lunginstitute.co.za)

Should you wish to discuss this project further or require further information, please contact Dr Rod Dawson, MD, the project manager on Tel +27 21 406 6850 or you can e-mail him at [rodney.dawson@uct.ac.za](mailto:rodney.dawson@uct.ac.za)







Should you wish to make a charitable donation toward our Chapel Street Clinic Employees Wellness renovation fund the account details for payment are as follows.

Name of Account	University of Cape Town Lung Institute
Bank	Standard Bank of South Africa
Branch	Mowbray
Branch Code	024909
Account Number	071331743
Swift Number	SBZAZAJJ

Please ensure that a record of your payment is sent to [wendy.simons@uct.ac.za](mailto:wendy.simons@uct.ac.za) or faxed to +27214066851 and you will receive notification of your deposit . If you have any queries with regard to the above payment, please contact Wendy Simons at +27 21406 6866 (NY + 7hours) or e-mail her at the above address. All charitable donations will be subject to external Lung Institute audit and full disclosure of expenses can be provided on request.



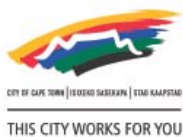
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